

Cultivating Community Through Trust and Connection

Create Meaningful Relationships in Life and the Workplace

Successful leaders build strong relationships to help drive personal and organizational goals. Whether it's growing a business, creating a great company culture, championing a social cause, or changing habits, they can't do it alone. They need to cultivate collaborative communities that are built on trust to collectively achieve goals.

This course will provide leaders with an approach to create meaningful connections and trusting relationships that impact leaders' lives professionally and personally. Learners will discover techniques to make connections and build trust quickly — even if they're introverted or hate networking.

Developed in Partnership with

Udemy business | corporate

Learners will attain:

- Knowledge about the science of connection, trust, and forming professional relationships
- Skills that can enable them to create relationships and drive engagement with people at every level of influence
- The ability to articulate their goals
- Techniques for establishing a concrete strategy for developing the social ties and communities they wish to cultivate

Author



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Course Outline

WEEK 1

The Science of Connection

- Why We Connect
- Why Everybody Hates Networking
- The Science of Trust
- Social Belonging and Psychological Safety

WEEK 2

Building Community

- The Elephant and the Rider
- Designing the Path: Behavioral Mechanics
- Applying the Path to Work-Related Goals
- Building Community in a Virtual World